

WEEKLY RIDES

ALL GROUP RIDES LEAVE FROM BLACKWELL POST OFFICE, CARMEL ROAD SOUTH, DL3 8QN

SOMETHING FOR EVERYONE

Saturday 9:00am during British Summertime, 9:30am otherwise.

- **Friendly Entry Ride** approx. 10-12mph,
- **Intermediate Level Rides** approx. 14mph
- **Faster ride** 17-19mph

Get out and explore the local area and meet new people, ideal for those new to cycling. Rides are normally 15-25 or 35-50 miles in length depending on the group and include a café stop on the way. New members are always welcome, so come along and give it a try.

EVENING RIDES

Tuesday & Thursday at 6:00pm: March to October

- **Social ride at approx. 14mph**
- **Faster group approx. 18-19mph**

These generally start when the clocks go forward, make sure you have a working rear light and ideally a front light, just in case. We typically ride between 25-35 miles.

Wednesday 6:45pm

Club 10 mile Time Trial – from mid-April to Mid Sept.

See <https://www.darlingtoncyclingclub.co.uk/time-trials> for meetup location and further details.

STEADY RIDES

Sunday 9:00am

50-65 miles

Route decided on the day, with café stop. Typical pace 14-16mph.

Tuesday and Thursday 9:30am

40-75 miles

Group may split depending on ability of riders present on the day.

For more information:



DarlingtonCyclingClub



DarlingtonCyclingClub.co.uk



enquiries@darlingtoncyclingclub.co.uk



COME AND JOIN THE FUN!



Get Fit



Meet new people



Learn new skills

*Whether you want to race, improve your fitness
or meet new people this club is for you.*

*For more information visit
www.darlingtoncyclingclub.co.uk*

Or find us on Facebook  /darlingtoncyclingclub